

Did you know people with disabilities have rights?

IF YOU HAVE A DISABILITY, YOU HAVE A RIGHT TO

- ☀ services that best fit your needs.
- ☀ a written plan that is designed to help you meet your own personal goals.
- ☀ know how the services are supposed to help.
- ☀ know why certain services are chosen over others.
- ☀ receive services in ways that provide the most freedom possible.
- ☀ say no to services unless:
 - a court has taken that right away from you, or
 - you are a minor under the age of 18, or
 - in an emergency when you or someone else is in danger.
- ☀ be free from restraint or seclusion except in an emergency.
- ☀ have all information about your services kept private.
- ☀ be informed of your rights in a way that you can understand.
- ☀ exercise your rights without fear of punishment, or denial of services.
- ☀ choose to live in the community rather than an institution, if appropriate.
- ☀ call the Disability Rights Center or any other rights protection agency.

If you feel you have been mistreated, or have had your rights violated, you may contact the ***Disability Rights Center***. For more information about these and other rights contact us at:

☎ (Little Rock) 501-296-1775 V/TTY

☎ (Statewide) 800-482-1174 V/TTY

or write us at:

📄 1100 North University Ave., Suite 201
Little Rock, Arkansas 72207

www.arkdisabilityrights.org

**Our e-mail is
panda@arkdisabilityrights.org**

The Disability Rights Center is the Arkansas Protection and Advocacy System for people with disabilities.